

GET OUT!

To have an event listed in **Get Out!**, email the information to adventure@mailtribune.com

Free fly-casting lessons in Medford

Mondays: The Rogue FlyFishers Association offers free fly-casting lessons at Hedrick Middle School in Medford. The classes, held at the school's athletic field, run from 6 to 7 p.m. Mondays when it doesn't rain, through Aug. 7. The club has rods and reels to loan out, but casters are encouraged to bring their own gear if they have it. The lessons are led by John MacDiarmid, a certified casting instructor through the International Federation of Fly Fishers, and include assistance from other seasoned casters in the association.

Soda Mountain Wilderness Council hikes

Sunday, July 2: Ornithologist Pepper Trail will lead a scramble up Vulture Rock above the Pacific Crest Trail for views of, among others, Johnson Prairie and the upper Jenny Creek watershed. The 3-mile round trip includes some off-trail hiking, rock-hopping and a scramble to the top, though it is listed as easy to moderate but might not be for those afraid of heights. To sign up, email Trail@ptrail@ashlandnet.net. Meet at 8:30 a.m.

Sunday, July 9: Botanist Kristi Mergenthaler will lead a 5-mile flower hike to the top of Grizzly Peak east of Ashland, traversing forests and meadow landscapes as well as some post-fire habitat. To sign up, email Mergenthaler@coprolitemergie@yahoo.com. Meet at 8:30 a.m.

Irene Hollenbeck Memorial Wildflower Show

Tuesday, July 4: This annual event in Ashland features more than 300 species of native flowers from the volcanic Cascades, the much older Siskiyou and the valleys in between. Free admission. It runs from 10 a.m. to 4 p.m. at the Ashland Community Center, 59 Winburn Way. Coordinated by the Siskiyou Chapter, National Plant Society of Oregon. For more info, contact Barb at bamumblo@gmail.com or 541-890-2091.

First Wednesday bird walks

Wednesday, July 5: The Rogue Valley Audubon Society holds free bird walks at Agate Lake the first Wednesday of every month. The walks begin at 8:30 a.m. and end before noon. The slow-paced walk covers about 1.5 miles. Meet at the main parking area on the east side of the lake opposite the boat ramp. For details, see www.roguevalleyaudubon.org/First_Wednesday_Count.html

Rogue Valley Walkers

Saturday, July 8: A 10K walk in Gold Hill will meet at 7:45 a.m. in the post office parking lot on Second Street. The walk will explore the town and the Rogue River path. For more information, call 541-582-2607 or see www.roguevalleywalkers.com.

Women's Lightweight Backpacking tips

Wednesday, July 12: You have your backpack loaded with all the necessary items for your next backpacking trip. Still think you might be carrying too much? Join REI for this free, small-group session on how to cut weight, carry the essentials and tailor your gear to best suit your needs. In this hands-on class, bring in your personal pack and gear and we will go through the

items you take with you when backpacking and do a group "shake-down" on gear. The talk will run from 6:30-8 p.m. at Medford REI, 85 Rossanley Drive, Medford. See www.rei.com/stores/medford.html

Preparing for the Unexpected: Outdoor Emergency Basics

Thursday, July 13: Can you respond positively to an accident or emergency? Can you safely spend a night or more out? Every time you step into the wilderness, be prepared to help yourself and others. This free REI program has a wealth of valuable information to better prepare you for your adventures — from a day in a state park to an extended backpacking adventure deep into the wilderness and everything in between. The talk will run from 6:30-8 p.m. at Medford REI, 85 Rossanley Drive, Medford. See www.rei.com/stores/medford.html

2017 Up & Down ride

Saturday, July 22: The annual bike ride was created as a way to showcase the Cascade-Siskiyou Scenic Bikeway, a 49-mile loop up Greensprings Highway and down Dead Indian Memorial Highway, with a stretch across a high plateau past Hyatt Lake and Howard Prairie Lake. This year's event features two routes, the original loop plus an 80-mile route, with craft beer and barbecue at the finish. To sign up and for details, see <http://upanddownashland.com>

Siskiyou Velo

Every Saturday: Brisk rides are for strong riders who want to ride in a paceline with occasional sprints and brisk climbs. Speeds are above 20 mph on flats and average of 15 to 18 mph overall. The route and starting point will vary — expect some climbing and, in fact, on most days, a lot. Riders should know how to make repairs. Riders are expected to review online and understand the planned route. The Brisk group is not a no-drop group, slower riders are discouraged. For details, call Dennis Cramer at 541-773-5804.

Every Saturday: Velo Melo meets at various places and rides about 20 miles at 11 to 13 mph on flats with few, if any, pacelines. The routes may include some climbing, but these are usually limited to small rolling hills within the Bear Creek Valley. No one will be dropped. Contact Lisa Brill at lisa4bikes@gmail.com.

Every Monday: Moderate to brisk rides along a fairly flat route from Phoenix to Jacksonville. Speeds are 18 to 20 mph on the flats and average around 15 to 19 mph overall. The route includes mostly lower volume roads without shoulders and some with moderate traffic and moderately wide shoulders. The exception is on OR 238 (Hanley Road), where there are no shoulders and the volumes are moderate. Call Ray Forsyth at 541-245-0312.

Every Wednesday: This is a ride for experienced cyclists who enjoy riding at a moderate/brisk pace. Pacelines are common but not continuous; speeds are above 20 mph on flats and average of 15 to 18 mph overall. The route may vary but typically it goes through the orchards on the way to Oregon Mountain Roasting Company near East Barnett and North Phoenix Road (approximately 35 miles). The ride will almost always include a stop for coffee/espresso. Call Matt Walker at 541-261-4891. Riders must wear a helmet, carry a spare tube, and nonmembers must sign an insurance waiver to release the club from liability. See siskiyouvelo.org/about/ for more information.

worked during the day, and it will get regular visits from Oregon State Police to ensure the Grate Hole doesn't turn into someone's illegal Great Hole.

— *Reach Mail Tribune reporter Mark Freeman at 541-776-4470 or mfreeman@mailtribune.com. Follow him on Twitter at [www.twitter.com/MTwriterFreeman](https://twitter.com/MTwriterFreeman).*

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FREEMAN

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waded in the trap chasing chinook, netting as many as a half-dozen at a time. A human net-brigade funneled the full nets out of the trap to a stocking truck, where they were stuffed in for quick transport to a concrete pen. The trap will only be

ROAD KILL

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left on BLM Road 34-3-24. The campground entrance is about nine miles from the intersection.

MY ADVENTURE

Learning to be ohana on Oahu

By Lois Jorgensen
for the Mail Tribune

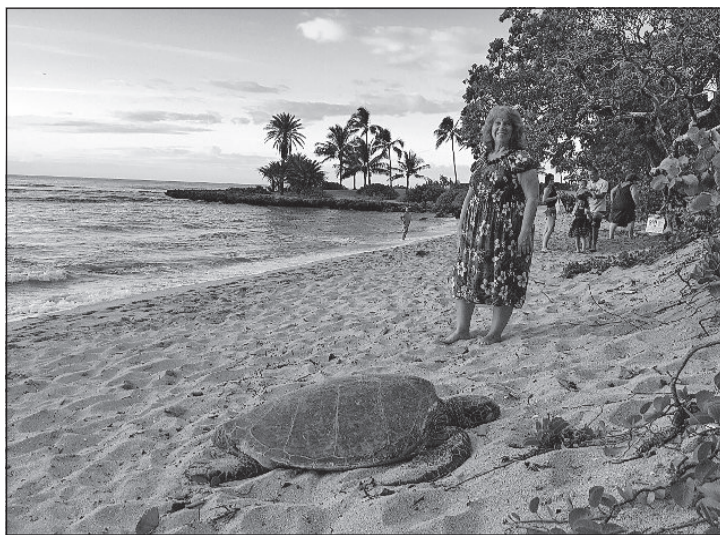
On April 3, my husband, Roy, and I boarded a plane in Portland for a 30-day adventure to the Hawaiian Islands.

Our first day took us to the north shore of Oahu, where we would be trained to help at the Polynesian Cultural Center in the town of Laie.

We had time to explore the island and snorkel at our favorite places, such as Sharks Cove in the town of Sunset Beach, and swim with the large sea turtles. Our favorite daily meals were grilled ahi, acai bowl topped with granola and fruit, and Hawaiian shave ice with a large scoop of vanilla ice cream melting and waiting at the bottom.

After two days of exploring and resting, we began training at the Polynesian Cultural Center. The PCC was created to share the culture and spirit of Polynesia. The PCC tries to preserve the arts and crafts, and it creates the spirit of aloha 6 days a week for tourists and all who enter and work there.

For two days we learned how to become better people in many ways and share that aloha feeling. Safety was taught first, and second was the importance of how we see others, and to treat them



LEFT: Lois Jorgensen stands near a sea turtle on Oahu. RIGHT: Lois and Roy Jorgensen in Hawaii. [COURTESY PHOTOS]

SHARE YOUR ADVENTURE

The Mail Tribune wants to share your adventure. We're looking for accounts of hikes, climbs, river runs, fishing trips, bike rides, ocean outings, camping trips, wildlife encounters and anything else you've done outdoors. Email your story and photos to Mail Tribune features and digital engagement editor David Smigelski at dsmigelski@mailtribune.com.

with courtesy. They value their ancestors and the life laid before them to follow. Third is to show up and be ready to help people have a

FISHING REPORT**OCEAN OUTLOOK**

COASTWIDE: Forecasts call for windy and choppy weather on the coast, but it's likely doable for ocean anglers, especially early runs out of Brookings. Today calls for 15-knot winds and 3-foot wind waves, followed Saturday by 10-knot winds around Brookings and 4-foot wind waves. Sunday calls for 25-knot winds and 5-foot wind waves.

Very good to excellent lingcod and black rockfish catches have occurred recently out of Brookings when the weather has allowed. Blue rockfish catches have been good to very good. The South Coast halibut season is open through Oct. 31, but just a handful of fish have been caught. Rockfish anglers must stay inside the 30-fathom line.

Crabbing is open along the entire Oregon Coast, but it's been slow, and a lot of males have recently molted. The best ocean crabbing has been in more than 100 feet of water. Razor clamming is closed along the entire coast because of domoic acid. Bay clams and butter clams are available coastwide, and mussels are closed south of Cape Arago near Charleston. No minus tides are forecast this week. Before digging, check the shellfish hotline at 1-800-448-2474.

LAKE OUTLOOK

AGATE: The lake is down to 83 percent full. That should be fine, but hot weather is warming the reservoir a bit too much. Start looking for crappie, yellow perch and occasional bass in deeper water and anywhere there's shade. No gas motors are allowed. Electric trolling motors are OK.

APLEGATE: Rainbows are spread throughout the lake and biting well for bait anglers and trollers. A worm 5 feet or so under a bobber has worked well at the upper end of the reservoir. Trollers using Wedding Ring lures have also done well. Bass fishing off points and around structure in the upper part of the reservoir has been fair to good. Still lots of floating debris throughout the reservoir. The Army Corps of Engineers has reduced releases to 400 cfs, and

inflows have plunged to about 300 cfs as the snowmelt starts to slow. The lake was listed Thursday as 6.3 feet from full.

DIAMOND: The lake continues to fish well for rainbows in the shallows at the south end and near the shrimp beds and the old Cheese Hole. PowerBait floated off the bottom is out-fishing worms under bobbers. Trollers are getting action on Needlefish and Flat Fish. The south ramp is open, and so are the campgrounds, but the mosquitoes are brutal this year. **EMIGRANT:** The lake was listed at 87 percent full, the same as last week. Bass fishing is picking up for those casting plastic worms or slowly worked crankbaits off points and structures. Look for bass catches to improve in the Emigrant Arm amid this week-end's hot weather. Trolling for trout will be best in the lower section of the lake, but look for trout to work their way up toward cool creek mouths.

EXPO: The pond got another 1,000 legal-sized trout earlier this month. Fishing is best with worms and bobbers or Panther Martin lures. Access the pond through Gate 5 off Peninger Road. Parking fees are required. **FISH:** The lake got 3,000 legal-sized rainbows two weeks ago. Fishing is very good, mainly in the cove off the Forest Service ramp, off nearby points and in the middle of the lake. Catches have been good with PowerBait, as well as leeches and woolly bugger flies. The lake was holding steady at 86 percent full. Tiger trout must be released unharmed.

HOWARD PRAIRIE: The lake received 5,100 legal-sized trout near the resort earlier this month, and fishing is holding up well throughout the lake. Lots of bug activity means fishing streamer flies such as leeches and thin woolly buggers should be good. The lake was listed Thursday as 97 percent full. The boat ramp at Klum Landing is open.

HYATT: The lake received 5,100 trout at the BLM ramp earlier this month, and anglers are catching them with PowerBait or worms under bobbers. Trolling will be good along the lake's old creek channel with Needlefish or Flat

cultural experience. Fourth is efficiency and how we need to provide a smooth and hassle-free experience for all guests.

The purpose is to share ohana, which means family. We felt as if we had traveled to many other islands as we were trained to become ohana. We worked with students from other Polynesian cultures, including Tonga, Samoa, Fiji and New Zealand. They show their aloha spirit as they work in the gift shops, serve food at the luau, dance at the night show or take people on canoe rides through the islands.

My favorite activity was making leis and learning to

husk a coconut. It was our privilege to work alongside these students and feel the spirit that radiates in each of them. When they return to their own islands, they are better prepared for life and to "go forth to serve."

We learned many customs and loved greeting the tourists each day. About 20,000 students have worked at the PCC since it opened in 1963. It was the best 30 days, and the volunteering was icing on the cake. We will never forget what we learned and saw and experienced, and we hope to return soon.

— *Lois Jorgensen lives in Ashland.*

Fish lures. Bass are starting to get active, as well. The lake dropped a hair to 59 percent full and it will stay about that level for the foreseeable future in preparation for some improvements to Hyatt Dam this summer. Construction has not yet begun.

LOST CREEK: The lake got another 10,000 legal rainbows and 1,500 pound-sized trout last week, split between the Takelma and marina boat ramps. Fishing is good around both facilities. The lake is dropping and was listed Thursday at 10 feet from full, down 4 feet in the past week. Water quality is getting poor from an apparent algae bloom. Trolling has been decent with red or green Wedding Ring lures with a worm near the dam. Wind-drifting worms right where the river flows into the upper part of the lake is very good, but the water above Peyton Bridge is a no-wake zone, so it takes a while to get there.

LAKE OF THE WOODS: Fishing is good for rainbows in the shallows and farther out into the lake with bait or lures. The resort is open. **MEDCO POND:** The pond received 1,600 legal-sized rainbows earlier this month to go with 4,000 legal-sized trout in May. Fishing is good with PowerBait or worms under bobbers.

WILLOW: The lake got 3,000 legal-sized trout and 1,500 pound-sized trout in early June. Catch them early in the day on PowerBait or worms.

RIVER OUTLOOK

ROGUE: Spring chinook salmon catches picked up in the upper Rogue with the first decent slug of fish moving through this season, while the lower Rogue was just starting to see early fall chinook wash into the bay. The middle Rogue remains a dead zone for salmon and steelhead, with some cutthroat fishing for fly-fishers. That makes the best bet the upper Rogue, with the lower Rogue Bay starting to inch closer.

In the upper Rogue, the Corps of Engineers dropped Lost Creek Lake outflows to 3,000 cfs last week, and that got fish moving. A good bite occurred at times this week throughout the upper

Old Eagle on current maps, will head north another 1½ miles along the bay and connect with the Shoalwater Trail, which is also planned to be built next spring, to create a nearly 4-mile green loop. Also planned is the Captain Jack Trail, a blue or intermediate route that will allow bikers to return to the Shoalwater trailhead and avoid the black North Ridge Trail.

Completion of the Shoalwater Bay trailhead, located along Eagle Ridge Road, is planned this summer. Along with signage, plans call for creating parking pods and areas where picnic tables could be located.

Honzel said it's hoped the Spence Mountain trail network will entice overnight

stays by Klamath Basin visitors. Although there are no accurate estimates of trail use — it's not unusual to see 10 or more vehicles parked at the Spence Mountain Trailhead — he believes 25 percent of the trail users are from outside the basin, including "lots of people from Medford and Ashland."

An early goal was to lure 250 overnight visits annually, a goal he sees as attainable. "I think we'll reach that figure for sure. There are definitely people coming in. We want to keep momentum up." And keep people like Mike whooping and a'hollering.

— *Reach freelance writer Lee Juillerat at 337lee337@charter.net or 541-880-4139.*